

# PLAY AND LEARNING TO SOCIALISE (PALS)

## SOCIAL SKILLS PROGRAM FOR 4-6 YEAR OLDS



### WHAT IS PLAYING AND LEARNING TO SOCIALISE (PALS)?

PALS is an evidence-based social skills program for 4-6 year olds, to help children develop a range of social behaviours that will help them build friendships and get along with others. The early school years are when children start to make friends, learn to co-operate with others and begin to solve social problems. Like all skills, some children develop social skills more easily than others.



The program is suitable for young children who may need additional support in social situations or for those preparing to start preschool or kindergarten.

### WHAT IS INCLUDED IN THE PROGRAM?

The program consists small-group sessions (up to 6 children per group), and is delivered by a psychologist with the use of puppets, story-telling, games, roleplay and activities to teach the children the various skills.

Learning Links is running the program weekly during school terms 1 and 2, with 10 x 1 hour sessions in total.

### HOW WILL MY CHILD BENEFIT?

The PALS Social Skills Program aims to:

- help children relate to others.
- teach children constructive problem-solving skills for social situations.
- promote skills for school adjustment

The sessions will teach the children a range of essential social skills including problem-solving skills, greeting others, talking and listening, taking turns at play and sharing, empathy and understanding feelings,



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### SCHEDULE

Location	Day/Time	Age	Dates
Bella Vista	Term 1 Wednesday 10.00am - 11.00am	4-6 years	Wednesday 2 February - Wednesday 6 April 2022
	Term 2 Friday 10.00am - 11.00am		
Oatley	Term 1 Monday 12.00pm - 1.00pm	4-6 years	Monday 31 January - Monday 4 April
	Term 2 Monday 12.00pm - 1.00pm		
Oatley	Monday 12.00pm - 1.00pm	4-6 years	Monday 25 April - Monday 27 June

### COST

- Parent/child interview: \$185.00
- 10 x program sessions: \$1425.00



**Total Cost: \$1850.00 (inclusive of closure review report).**

### FUNDING AND REBATES

NDIS funding can be used for this program.

### PARENT INTERVIEWS

Prior to your booking being confirmed, a Learning Links psychologist will contact you to conduct a short interview and ensure the program/s will address your child's needs.

### MORE INFORMATION

For more information or to book, visit our website or send us an email:

🖱️ Visit [www.learninglinks.org.au/social-skills-programs](http://www.learninglinks.org.au/social-skills-programs) to enquire online

