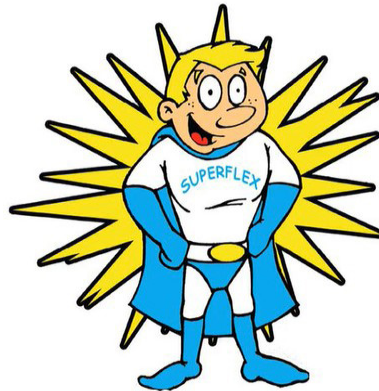


SUPERFLEX® SOCIAL THINKING PROGRAM



WHAT IS SUPERFLEX®?

Superflex® is a superhero-based program designed for 7-10 year olds, to help with social thinking, behaviour awareness and self-regulation skills.

The program focuses on managing social and communication difficulties, and is suitable for children who struggle to monitor and regulate their behaviour, including those with Autism Spectrum Disorder (ASD) Level 1 or Attention Deficit Hyperactivity Disorder (ADHD)*.

It is fun and motivating, inviting participants to join the Superflex® Superhero Training Academy, develop 'superflexible' thinking and learn to combat different social situations and behavioural challenges.

WHAT IS INCLUDED IN THE PROGRAM?

The program consists of small-group child sessions, with engaging games and activities. Each child is provided with a Superflex® cape to utilise within the program.

Learning Links runs the program weekly during school terms, with 10 x 1 hour sessions in total.

HOW WILL MY CHILD BENEFIT?

Over the 10 weeks, children are taught to explore social thinking concepts, become aware of their own social behaviour and develop strategies to monitor and modify their own behaviour.

The sessions cover a range of topics, including:

- Becoming a flexible thinker
- Understanding social rules
- Understand a big problem vs a small problem
- Learning to change unhelpful behaviours

*To ensure children can achieve the best possible outcomes from the Superflex® program they need to have the ability to understand their own thoughts, to enable them to moderate their behaviour. Please discuss your child's suitability with our Customer Care team.



SUPERFLEX®

SOCIAL THINKING PROGRAM

TERM 1 2022 SCHEDULE

Location	Day/Time	Age	Term 1 Dates
Alexandria	Fortnightly Saturday 10.00am-11.00am	7-10 years	Saturday 5 February - Saturday 2 April, Saturday 30 April - Saturday 25 June
Bella Vista	Wednesday 4.00pm-5.00pm	7-10 years	Wednesday 2 February - Wednesday 6 April
Gledswood Hills	Friday 3.30pm - 4.30pm	7-10 years	Friday 4 February - Friday 8 April
Peakhurst	Wednesday 4.00pm-5.00pm	7-10 years	Wednesday 2 February - Wednesday 6 April

COST

- Parent interview, 1 hour: \$185.00
- 10 x 1 hour program sessions: \$814.00

Total Cost: \$999.00



FUNDING AND REBATES

The Superflex® program is registered under the NDIS.

MORE INFORMATION

For more details about the program or to book, contact our Customer Care team.

Call 1300 003 900

Email mail@learninglinks.org.au

Visit www.learninglinks.org.au/information-request to enquire online

