



PALS

SOCIAL SKILLS PROGRAM



SUITABLE FOR:

Children Aged 4 - 6 years

DATES & LOCATIONS: (2 day program)

Peakhurst – Wednesday 17/7 & Thursday 18/7

9.30am – 11.30am

Learning Links Peakhurst
12-14 Pindari Road, Peakhurst

Bella Vista – Tuesday 16/7 & Thursday 18/7

9.30am – 11.30am

Learning Links Bella Vista
6a/7 Meridian Place, Bella Vista

The early school years are when children start to make friends, learn to co-operate with other and begin to solve social problems. Like all skills, some children develop social skills more easily than others. Social skills are of the utmost importance for every child's future development.

PROGRAM DETAILS:

The PALS Social Skills Program focuses on the following skills:

- Greeting others
- Taking turns, talking and listening
- Taking turns at play
- Sharing
- Asking for help
- Identifying feelings
- Empathy
- Overcoming fear and anxiety
- Managing frustration
- Calming down and speaking up.

PROGRAM COST:

PALS - \$225 (4 hours)



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