



# ENGAGING ADOLESCENTS

## GROUP PARENT PROGRAM

**Engaging Adolescents** is a 3 session parent workshop that provides parents with a range of practical information to better engage with their adolescent children.

The group provides strategies for parents/carers to:

- Understand the nature of adolescence
- Identify what behaviours need to be ignored
- Coach teenagers to consider the consequences of their actions
- Hold difficult conversations when agreements are breached
- Avoid common parenting traps such as spontaneous program discussion, nagging and arguing.

### PROGRAM DETAILS

#### Dates:

- **Monday 20th May**  
11am - 1pm
- **Monday 27th May**  
11am - 1pm
- **Monday 3rd June**  
11am - 1pm

#### Location:

Penshurst RSL (upstairs in the White Room)\*  
58a Penshurst Street  
Penshurst NSW 2222

#### Cost:

\$20 (to cover workbook)

Light refreshments will be provided.

\*Please note: ID is required to sign into the club.

### WHO CAN ATTEND

Parents living in the Georges River, Bayside and Sutherland council areas.

### REGISTER

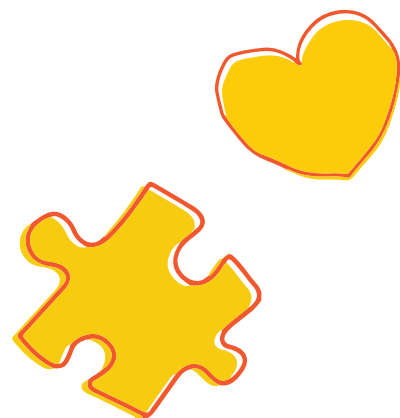
To secure your spot or find out more, contact the Learning Links Customer Care Team today:

**Tel: 1300 003 900**

**Email: [mail@learninglinks.org.au](mailto:mail@learninglinks.org.au)**

**Web: [Enquire now](#)**

*Engaging Adolescents is supported by funding from Family and Community Services, Early Intervention and Placement Prevention.*



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