



SCHOOL HOLIDAY PROGRAM

JANUARY 2019



Stop, Think, Do (6-8yrs, 9-11yrs)

This structured 2 day program develops emotional & social intelligence in children & adolescents. The focus is on social skills training, behaviour management and motivational learning. 3 separate age groups will be run.

Location: Peakhurst, Maroubra, Bella Vista & Liverpool (Check timetable for details)

\$225



Take Action (8-12yrs)

Children are taught a range of strategies via a 6-step ACTION plan. Each letter in the word ACTION stands for a skill children learn. This is a program which provides children with clear, practical skills to manage anxiety and improve their social and life skills. By practising the skills they learn, the participants develop their own action plan to reduce and overcome anxiety.

Location: Peakhurst, Maroubra & Bella Vista (Check timetable for details)

\$225



PALS Social Skills Program (4-6yrs)

The early school years are when children start to make friends, learn to cooperate with others and begin to solve social problems. Like all skills, some children develop social skills more easily than others. Social skills are of the utmost importance for every child's future development.

Location: Peakhurst (Check timetable for details)

\$225



Handsome Handwriting

(Yrs 1-2)

This 2 day program helps children develop their handwriting skills in a fun and supportive environment. We will focus on developing the skills that support handwriting (e.g. self regulation, gross motor, fine motor and visual motor skills) as well as developing fluent handwriting skills.

Location: Maroubra (Check timetable for details)

\$225



Moving on and Up

(Year 6 only 2018)

This program is for students transitioning to high school. It has a focus on organisational skills, travel planning, problem solving, study skills, making friends, and dealing with new technologies safely. Teaching and learning activities will focus on skills that are imperative to success at high school – knowing how to study, use the computer, plan for assignments, and ask for help.

Location: Peakhurst, Maroubra & Bella Vista (Check timetable for details)

\$225



SCHOOL HOLIDAY PROGRAM

JANUARY 2019

PEAKHURST 12-14 Pindari Rd, Peakhurst. Phone: 8525 8222

	Monday 7/1	Tuesday 8/1	Wednesday 9/1	Thursday 10/1	Friday 11/1
Week 1			Moving on and up (year 6 only 2018) 9:30am - 1:30pm . Day 1		Moving on and up (year 6 only 2018) 9:30am - 1:30pm . Day 2
		Take Action (8-12 yrs) 1:30pm - 5:30pm. Day 1		Take Action (8-12 years) 1:30pm - 5:30pm. Day 2	
	Monday 14/1	Tuesday 15/1	Wednesday 16/1	Thursday 17/1	Friday 18/1
Week 2			PALS (4-6 yrs) 9:30am - 11.30am. Day 1		PALS (4-6 yrs) 9:30am - 11.30am. Day 2
	Stop, Think, Do (9-11yrs) 1:30pm - 5:30pm. Day 1	Stop, Think, Do (6-8 yrs) 1:30pm - 5:30pm. Day 1	Stop, Think, Do (9-11yrs) 1:30pm - 5:30pm. Day 2	Stop, Think, Do (6-8 yrs) 1:30pm - 5:30pm. Day 2	

MAROUBRA Office 2, Level 3, Bowen Library Building, 669-673 Anzac Parade, Maroubra. Phone: 8568 8200

	Monday 7/1	Tuesday 8/1	Wednesday 9/1	Thursday 10/1	Friday 11/1
Week 1			Stop, Think, Do (6-8 yrs) 9:00am - 1:00pm. Day 1		Stop, Think, Do (6-8 yrs) 9:00am - 1:00pm. Day 2
		Handsome Handwriting Yrs 1-2 1:30pm - 4:30pm Day 1	Take Action (8-12 years) 1:30pm - 5:30pm. Day 1	Handsome Handwriting Yrs 1-2 1:30pm - 4:30pm Day 2	Take Action (8-12 years) 1:30pm - 5:30pm. Day 2
	Monday 14/1	Tuesday 15/1	Wednesday 16/1	Thursday 17/1	Friday 18/1
Week 2		Stop, Think, Do (9-11yrs) 9:30am - 1:30pm. Day 1		Stop, Think, Do (9-11yrs) 9:30am - 1:30pm. Day 2	
		Moving on and up (year 6 only 2018) 1:30pm - 5:30pm . Day 1		Moving on and up (year 6 only 2018) 1:30pm - 5:30pm . Day 2	

BELLA VISTA 6a/7 Meridian Place, Bella Vista Phone: 8525 8260

	Monday 7/1	Tuesday 8/1	Wednesday 9/1	Thursday 10/1	Friday 11/1
Week 1			Stop, Think, Do (6-8 yrs) 9:00am - 1:00pm. Day 1	Stop, Think, Do (6-8 yrs) 9:00am - 1:00pm. Day 2	
			Stop, Think, Do (9-11yrs) 1:30pm - 5:30pm. Day 1	Stop, Think, Do (9-11yrs) 1:30pm - 5:30pm. Day 2	
	Monday 14/1	Tuesday 15/1	Wednesday 16/1	Thursday 17/1	Friday 18/1
Week 2			Moving on and up (year 6 only 2018) 9:00am - 1:00pm . Day 1		Moving on and up (year 6 only 2018) 9:00am - 1:00pm . Day 2
		Handsome Handwriting Yrs 1-2 1:30pm - 4:30pm Day 1	Take Action (8-12 years) 1:30pm - 5:30pm. Day 1	Handsome Handwriting Yrs 1-2 1:30pm - 4:30pm Day 2	Take Action (8-12 years) 1:30pm - 5:30pm. Day 2

LIVERPOOL 2, 54-56 Macquarie St Liverpool Phone: 8525 8280

	Monday 7/1	Tuesday 8/1	Wednesday 9/1	Thursday 10/1	Friday 11/1
Week 1				Stop, Think, Do (6-8 yrs) 9:00am - 1:00pm. Day 1	Stop, Think, Do (6-8 yrs) 9:00am - 1:00pm. Day 2
				Stop, Think, Do (9-11yrs) 1:30pm - 5:30pm. Day 1	Stop, Think, Do (9-11yrs) 1:30pm - 5:30pm. Day 2
	Monday 14/1	Tuesday 15/1	Wednesday 16/1	Thursday 17/1	Friday 18/1
Week 2					

