



# PALS

## SOCIAL SKILLS PROGRAM



**SUITABLE FOR:** Children Aged 4 - 6 years

**DATES & LOCATIONS:** (2 day program)

**Peakhurst** – Wednesday 16/1 & Friday 18/1

9.30am – 11.30am

Learning Links Peakhurst

12-14 Pindari Road, Peakhurst

The early school years are when children start to make friends, learn to co-operate with other and begin to solve social problems. Like all skills, some children develop social skills more easily than others. Social skills are of the utmost importance for every child's future development.

### PROGRAM DETAILS:

The PALS Social Skills Program focuses on the following skills:

- Greeting others
- Taking turns, talking and listening
- Taking turns at play
- Sharing
- Asking for help
- Identifying feelings
- Empathy
- Overcoming fear and anxiety
- Managing frustration
- Calming down and speaking up.

### PROGRAM COST:

PALS - \$225 (4 hours)



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